

Role Description for Volunteer Physiotherapy Assistant



At Headway Bedford, we provide a wide range of services to help rebuild lives after brain injury, providing practical and emotional rehabilitation support for our clients and their families. Our clients take part in physiotherapy sessions as part of their rehabilitation and/or maintenance programme in order to increase their independence. Your role is to encourage this enablement process through working with clients during these 1:1 or group physiotherapy sessions.

Requirement: A good level of English (use of language; spoken, written, listening), patience and a good sense of humour.

Duties:

1. Assist clients with their physiotherapy exercises (individual/group) or walking practice, after appropriate training and delegation by Physiotherapy Assistant Practitioner.
2. Report to the Physiotherapy Assistant Practitioner any changes in client's progress.
3. Observe client's reactions during treatment and provide feedback after each session. Report any concerns to Physiotherapy Assistant Practitioner.
4. Assist the Physiotherapy Assistant Practitioner with complex clients who need extra assistance to carry out their treatment plan.
5. Maintain good working relationships with clients and staff.
6. Use equipment safely and appropriately within the guidelines during treatment sessions once training has been provided.
7. Be responsible for your own health and safety, and complete visual checks of equipment used during treatment sessions, reporting this to Physiotherapy Assistant Practitioner if fault is found.
8. Attend relevant in-service training and implement acquired knowledge and skills.
9. Claim expenses from Janine Hart (Office Administrator) on arrival or at lunchtime (receipts required if using public transport).

Hours: Sessions are Monday, Wednesday and Thursday 10am -1.00pm (1:1 sessions) and 1pm – 3.30pm (group sessions).

For further information, please see our website at www.headwaybedford.org.uk.