

Job Description for Volunteers in Physiotherapy

At Headway Bedford, we provide a wide range of services to help rebuild lives after brain injury, providing practical and emotional rehabilitation support for our clients and their families. Your role is to encourage this enablement process through working with clients during 1:1 physiotherapy sessions to help them to increase their abilities, confidence and self esteem.

Our clients take part in physiotherapy sessions as part of their rehabilitation and/or maintenance programme in order to increase their independence.

Requirement:

Up-to-date Moving and Handling Training or willing to complete half day course, patience and a good sense of humour.

Duties:

- 1. Assist clients with their physiotherapy exercises (individual/group) or walking practice, after appropriate training and delegation by Physiotherapy Assistant Practitioner.
- 2. Report to the Physiotherapy Assistant Practitioner any changes in client's progress.
- 3. Observe client's reactions during treatment and provide feedback after each session. Report any concerns to Physiotherapy Assistant Practitioner.
- 4. Assist the Physiotherapy Assistant Practitioner with complex clients who need extra assistance to carry out their treatment plan.
- 5. Maintain good working relationships with clients and staff.
- 6. Use equipment safely and appropriately within the guidelines during treatment sessions.
- 7. Be responsible for his/her own health and safety, and for visual checks of equipment used during treatment sessions, report to Physiotherapy Assistant Practitioner if fault is found.
- 8. Attend relevant in-service training and implement acquired knowledge and skills.
- 9. Claim expenses from Stella Hammond on arrival or at lunchtime (receipts required if using public transport).

Sessions are Monday, Wednesdays and Thursday 10.00am – 12.30pm or 12.30pm – 3.30pm.